

Sahih Al-Bukhari Hadith (Hadith 2.243)

Abu Huraira

Allah's Apostle said, "Satan puts three knots at the back of the head of any of you if he is asleep. On every knot he reads and exhales the following words, 'The night is long, so stay asleep.' When one wakes up and remembers Allah, one knot is undone; and when one performs ablution, the second knot is undone, and when one prays the third knot is undone and one gets up energetic with a good heart in the morning; otherwise one gets up lazy and with a mischievous heart."

[View Page](#)

Source : *Alim.org-Sahih Al-Bukhari Hadith-243.2*