

Sahih Muslim Hadith (Hadith 559)

Aisha

One day the Messenger of Allah (peace be upon him) said to me: Aisha, have you anything (to eat)? I said: Messenger of Allah, we have nothing here. Thereupon he said: I am observing a fast. She said: The Messenger of Allah (may peace upon him) went out, and there was a present for us and (at the same time) some visitors dropped in. When the Messenger of Allah (peace be upon him) came back, I said to him: Messenger of Allah, a present was given to us and (in the meanwhile) visitors came to see us. (A major portion of it has been used for them), but I have saved something for you. He said: What is it? I said: It is hays (a compound of dates and clarified butter). He said: Bring that. So I brought it to him and he ate it and then said: I woke up in the morning observing fast. Talhah said: I narrated this hadith to Mujahid and he said: This (observing of voluntary fast) is like a person who sets apart Sadaqah out of his wealth. He may spend it if he likes, or he may retain it if he so wishes.

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